Teresa is a Registered Dental Hygienist. She attended Fones School Of Dental Hygiene at the University of Bridgeport, where she obtained her Associate's and Bachelor's Degree in Dental Hygiene. She holds a Doctorate in Dental Medicine from the Philippines, her home country, and is also certified in administering local anesthesia.

She is deeply passionate about working with children and has dedicated years to gaining experience in this area. She believes that promoting good oral hygiene from a young age can lead to a healthier lifestyle.